

REUNITE WITH READ

CATEGORY: Olympics Trivia

1. When were the first Olympic Games held?
2. What year were women allowed to participate in Olympic Games?
3. In what year and what city were the Olympics first held in South America?
4. Olympic medals of all levels are made of mostly what metal?
5. Only one city has hosted the Olympic games three times: in 1908, 1948 and 2012. What city is it?
6. What do the five rings of the Olympic symbol represent?
7. Which Olympic athlete has won the most medals in history, including gold, silver and bronze?
8. Athletes from the Olympics original home - Greece - always proceed first in the Parade of Nations. Who goes last?
9. Which sport finally made its debut at the 1992 Games in Barcelona?
10. When and in what country did figure skating become an official Winter Olympic sport?
11. Who beat Nancy Kerrigan by 1/10 of a point to win the Gold Medal in Women's Figure Skating at the 1994 Olympics?
12. In 1980, the U.S. Men's Hockey Team won the Gold medal in a heated competition. Which country did they beat in their final game to win Gold?
13. In the 1988 Olympics, a British ski jumper finished last in every event in which he competed. What was his nickname?
14. The Olympic Torch is lit using not a match or propane lighter, but what traditional method?
15. The familiar Olympic theme music, entitled, "Olympic Fanfare & Theme," was written by composer John Williams debuted at which Olympics and in what city?
16. The country with the most Olympic medals of all types, in history, has won 1,022 of them. What country is that?
17. What is the marketplace value of an Olympic gold medal?
18. "Cool Runnings" is a 1993 film about which country's Olympic bobsled team?
19. The 2020 Olympics have been postponed to 2021. Which city and country will host the Games?

BONUS *questions...*

1. What year did snowboarding become an Olympic sport?
2. Which American snowboarder holds the record for most Gold medals in Snowboarding?

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Olympics Trivia

1. The 8th Century B.C. in Olympia, Greece. They were held every four years for 12 centuries, until, in the 4th Century A.D., all pagan festivals were banned by Emperor Theodosius I.
2. 1900
3. 2016, Rio de Janeiro, Brazil
4. Silver! The last time a Gold Medal was made of solid gold was in 1912. Now all three levels are 92.5% silver.
5. London
6. The five continents: The Americas, Australia, Europe, Asia, Africa
7. Michael Phelps with 18 gold, 2 silver and 2 bronze medals.
8. Athletes from the host country
9. Badminton
10. 1924, in France; previously it taken place in the Summer Games
11. Russian Oksana Baiul
12. Finland
13. Eddie the Eagle
14. A parabolic mirror to reflect the sun and start the flame.
15. 1984 in Los Angeles
16. The U.S.
17. About \$570 as of the last Olympics in 2018 in Pyeong Chang, South Korea
18. Jamaica
19. Tokyo, Japan

BONUS questions...

1. 1998
2. Shawn White

READ MEDITERRANEAN 3 BEAN QUINOA SALAD

PREPARATION TIME: 20 MINUTES — MAKES 8 SERVINGS

Courtesy of: A New Dawnn

- | | |
|---------|-----------------------------------|
| 2 cans | READ 3 Bean Salad (15 oz each) |
| 1 cup | Grape tomatoes, halved |
| 1 cup | Crumbled feta cheese |
| 1 cup | Cooked quinoa |
| 1/2 cup | Chopped olives |
| 1/2 cup | Diced bell pepper, any color |
| 2 tbsp | Fresh lemon juice |
| 2 tsp | Balsamic vinegar |
| 1/4 cup | Chopped fresh cilantro or parsley |

1. Drain bean salad; reserve 3 tablespoons liquid.
2. In large bowl, combine bean salad, tomatoes, feta cheese, quinoa, olives and bell pepper.
3. Add reserved bean liquid, lemon juice and balsamic vinegar. Stir gently to coat ingredients.
4. Top with cilantro or parsley. Serve immediately.



Nutrition information per serving (1/8 of recipe): 150 calories; 5g protein; 20g carbohydrate; 5g fat; 425mg sodium; 20mg cholesterol; 3g dietary fiber; 1.59mg iron; 0.07mg thiamin; 771.64IU vitamin A; 19.64mg vitamin C.