



READ[®]

FRESH & SWEET BEAN SALAD WITH GRILLED CHICKEN

SERVES: 4 SERVINGS | **PREP & COOK TIME:** 20 MINUTES

INGREDIENTS

- 1 can (15 ounces) READ 3 Bean Salad, chilled
 - 1/4 cup honey
 - 1/2 teaspoon coarsely ground black pepper
 - 4 ears fresh sweet corn (see Notes)
 - 1/2 cup finely diced red onion
 - 1/2 medium cucumber, diced into 1/4-inch pieces, peeled if desired
 - 1 medium red bell pepper, diced into 1/4-inch pieces
 - 1/2 cup cherry tomatoes, halved
 - 12 ounces prepared grilled chicken strips (chilled) (see Notes)
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INSTRUCTIONS

1. Cut corn kernels from cobs. Place corn in large bowl.
2. Add reserved beans, red onion, cucumber, red bell pepper, cherry tomatoes, and 3/4 of the dressing. Toss well to combine.
3. Arrange grilled chicken strips on top of the salad. Drizzle with the remaining dressing.

DRESSING:

1. Drain the liquid from the can of READ 3 Bean Salad into a bowl (reserve the beans for later). Whisk honey and black pepper into bean liquid until well incorporated. Let dressing stand while preparing Bean Salad.

NOTES:

3 cups frozen corn kernels, thawed, can be used in place of fresh corn.

Grilled chicken strips can be found in the prepared, refrigerated meats section of most supermarkets.

FIND IT ONLINE:

<https://www.readsalads.com/recipes/2021/05/05/fresh-sweet-bean-salad-with-grilled-chicken>

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