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MEDITERRANEAN 3 BEAN QUINOA SALAD

SERVES: 8 SERVING | **PREP & COOK TIME:** 20 MINUTES

INGREDIENTS

- 2 cans (15 ounces each) READ 3 Bean Salad
 - 1 cup halved grape tomatoes
 - 1 cup crumbled feta cheese
 - 1 cup cooked quinoa
 - 1/2 cup chopped olives
 - 1/2 cup diced bell pepper, any color
 - 2 tablespoons fresh lemon juice
 - 2 teaspoons balsamic vinegar
 - 1/4 cup chopped fresh cilantro or parsley
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INSTRUCTIONS

1. Drain bean salad; reserve 3 tablespoons liquid.
2. In large bowl, combine bean salad, tomatoes, feta cheese, quinoa, olives and bell pepper.

3. Add reserved bean liquid, lemon juice and balsamic vinegar. Stir gently to coat ingredients.
 4. Top with cilantro or parsley. Serve immediately.
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FIND IT ONLINE:

<http://www.readsalads.com/recipes/2019/5/15/mediterranean-3-bean-quinoa-salad>

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